PROCEEDING
The 6th Padjadjaran International Nursing Conference

"The Role of Nurses in advancing quality of care through application of conceptual models in areas of nursing practices and health"

23-24 May 2018
EL ROYALE HOTEL BANDUNG
Jl. Merdeka No.2, Bandung
West Java - INDONESIA
BOOK OF ABSTRACT

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Organized by
FACULTY OF NURSING UNIVERSITAS PADJADJARAN
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FACTORS INFLUENCING SELF-MANAGEMENT LEVEL OF HYPERTENSION PATIENTS IN MARGALUYU VILLAGE WEST JAVA

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ABSTRACT

Background: Hypertension has a high prevalence worldwide. Finding ways to improve blood pressure control is a big challenge. West Java is one of four provinces in Indonesia with the highest prevalence of hypertension. To date, self-management of hypertensive patients is very low. Community nurses can contribute to improving self-management in the prevention and treatment of hypertensive patients. Objective: The purpose of this study was to identify factors related to self-management behavior and to analyze the most dominant factors related to self-management behavior of hypertensive patients in Margaluyu Village. Method: This study used cross-sectional design. The samples were recruited using clustered sampling with a total of 101 respondents was voluntary to fill in the questionnaire. The data were analysed using Chi Square and logistic regression test. Results: The results showed that overall self-management hypertension was at a moderate level. Only 12.87% of respondents have good self-management behaviours. The results showed that there were no significant relationship between age (p=0.123), gender (p=0.500), and educational level (0.142) with self-management of hypertension patients in Margaluyu Village. However, there was a significant correlation between income (0.042), knowledge level (0.000), self-efficacy (0.000), and family support (0.000) with self-management behaviours of hypertension patients. Women have a higher percentage of self-management behaviours (13.1%) compared with males (12.5%). Conclusion and suggestion: The self-management of hypertensive patients in the rural area was very low. This suggests that there is a need for community nurses to provide health education for patients to increase the practice of self-management in hypertensive patients living in rural areas.

Keywords: Hypertension, Self Management Behavior, Rural.